

## 4. Ego Cannot Edge God Out

### Who Are You Without Ego?

Man minus ego equals God.

#### I. Where did you come from?

1. I placed my knowledge in your mind when I created you. Sai Baba
2. You were created to walk the earth with your heads held high your spirits soaring. Yet you crawl along like worms. Sai Baba
3. I separated myself from myself to love myself. Sai Baba
4. Do not think I am God and you are my devotee. Do not even think I am teacher and you are student. Think only I am the ocean and you are the wave. Sai Baba
5. God created Souls so He could depend on them BECAUSE He created them perfectly. God and the Souls He created ARE symbiotically related. They are COMPLETELY dependent on each other. T2.III.5
6. When God created you, He made you part of Him. That is why attack WITHIN the Kingdom is impossible. But YOU made the ego without love, and so it does not love YOU. You would not remain WITHIN the Kingdom without love, and since the Kingdom IS love, you believe you are WITHOUT it. This enables the ego to regard itself as SEPARATE AND OUTSIDE ITS MAKER, thus speaking for the part of your mind that believes YOU are separate and outside the Mind of God. T6.IV.2
7. It should be noted that God HAS begotten only One Son. If you believe that all of the Souls that God created ARE His Sons, and if you also believe that the Sonship is One, then every Soul Must be a Son of God, or an integral part of the Sonship. The Sonship in its Oneness DOES transcend the sum of its parts. However it loses this special state as long as any of its parts are missing. T2.VII.6

#### II. Are You Equal with Your Creator?

1. I am God. You are also God. I have come to tell you that you and I are exactly the same. Sai Baba
2. If I tell you one thing, and your heart tells you something else, ALWAYS follow your heart. Sai Baba
3. All that stands between you and the power of God in you, is but your learning of the false, and your attempts to UNDO THE TRUE. T14.XI.1
4. And not one Thought that God has ever had but waited for your blessing to be born. God is no enemy to you. He asks no more than that He hear you call Him "Friend." T30.II.2
5. God Gave you all there is. And to be sure you could not lose it, did He ALSO give the same to every living thing as well. And thus IS every living thing a part of you as of Himself. No idol (anything you hold outside yourself) can establish you as MORE than God. But YOU will never be content with being LESS. T29.VII.9
6. There is no one more powerful than you. Sai Baba

7. God created man in His image and likeness.

Genesis 1:27

### **III. How Is It Possible to Forget Our True Identity?**

1. With the grandeur of God in you, you have chosen to be little, and lament your littleness. Grandeur is of God, and ONLY of Him. Therefore, it is in you. T9.VII.6

2. Humility will NEVER ask that you remain content with littleness. But it DOES require that you be NOT content with less than greatness that comes NOT of you. T18.IV.3

3. God is not willing that His Son be content with less than everything. For He is not content without His Son and His Son cannot be content with less than His Father has given him. T15.III.4

4. You CAN do nothing apart from Him, and you DO do nothing apart from Him. Keep His Way to remember yourselves, and teach His Way lest you forget yourself. T7.VII.5

### **IV. Why Were You Created?**

1. I separated Myself From Myself to Love Myself.

2. Child of God, you were created to create the good, the beautiful, and the holy. Do not lose sight of this. T1.VII.2

3. The mind is a very powerful creator, and it never loses its creative force. It never sleeps. Every instant it is creating, and ALWAYS as you will. T2.VII.9

4. You are much too tolerant of Mind-wandering, thus passively condoning its mis-creation. T2.VI.4

5. Even in miscreation the mind is affirming its Source, or it would merely cease to be. This is impossible, because the mind belongs to Spirit which God created and which is therefore eternal. T3.IV.5.10

### **IV. You Cannot Create Your Creator**

1. In creation you are not in a reciprocal relation to God, since He created you but you did not create Him. Only in this respect your creative power differs from His. Even in this world there is a parallel. Parents give birth to children, but children do not give birth to parents. They do, however, give birth to their children, and thus give birth as their parents do. T7.I.1

2. All things that man creates have energy, because, like the Creations of God, they come FROM energy, and are endowed by their creator with the power to create. Mis-creation is still a genuine creative act in terms of the underlying IMPULSE, but NOT in terms of the CONTENT of the creation. This, however, does not deprive the creation of its Own creative power. It DOES, however, guarantee that the power will be misused, or USED FEARFULLY. T2.V.3

3. The ingeniousness of the ego to preserve itself is enormous, but it stems from the very power of the mind the ego denies. T7.VI.3

## **Where Does Ego Come From?**

1. Inner inquiry – Where does ego come from? How does ego get into the system? Is it a weed cultivated by us for our destruction? Where is ego before birth? After death? Gems of Wisdom Vol.X;Page-201
2. The only thing that comes into man from without is ego. Sai Baba
3. Into eternity, where all is one, there crept a tiny mad idea, and the son of God remembered not to laugh. T27.VIII.6:2
4. YOU made the ego without love, and so it does not love YOU. T6.IV.2
5. As you made it (ego) by believing in it, so you can dispel it by withdrawing belief FROM it. T7.VIII.5
6. All things that man creates have energy, because, like the Creation of God, they come FROM energy, and are endowed by their creator with the power to create. Mis-creation is still a genuine creative act in terms of the underlying IMPULSE, but NOT in terms of the CONTENT of the creation. This, however, does not deprive the creation of its Own creative power. It DOES, however, guarantee that the power will be misused, or USED FEARFULLY. T2.VII

## **Why was Ego Made?**

1. Sickness and death entered the mind of God's Son because he would not accept the fact that, although he was a creator, he had been created. Yet the Son IS helpless without the Father, Who alone IS his Help. Of yourselves you can do nothing, but you are not OF yourselves. If you were, what you have made would be true, and you could never escape. T10.V.4
2. Of myself I am nothing, and can do nothing. John 5:30
3. With God all things are possible. Matt. 19:26
4. The ego was MADE out of the wish of God's Son to father HIM. The ego, then, is nothing more than a delusional system in which YOU MADE YOUR OWN FATHER. And either the ego, which you made, IS your father, or its whole thought-system will not stand. T11.In.2
5. The mind can make the belief in Separation VERY real and VERY fearful. And this belief IS the devil. It is powerful, active, destructive, and clearly in opposition to God, because it literally denies His Fatherhood. Never underestimate the power of this denial. Look at your lives and see what the devil has made. But KNOW that this making will surely dissolve in the light of truth, because its foundation IS a lie. T3.VII.5
6. You who prefer specialness to sanity could not obtain it in your right minds. You were at peace until you asked for special favor. And God did not give it. For the request was alien to Him, and you could not ask this of a Father who truly loved His Son. Therefore, you made of Him an UNloving father, demanding of Him what only such a father COULD give. And the peace of God's Son was shattered, for he

no longer understood his Father. He feared what he had made, but still more, did he fear his REAL Father, having attacked his glorious equality WITH HIM. T13.III.10

7. If you will accept yourself as God created you, you will be incapable of suffering. But to do this, you must acknowledge Him as your Creator. This is not because you will be punished otherwise. It is merely because your acknowledgment of your Father IS the acknowledgment of yourself as you ARE. Your Father created you wholly without sin, wholly without pain, and wholly without suffering of any kind.

If you deny Him, you bring sin, pain, and suffering into your OWN mind, because of the power He gave it. Your mind is capable of creating worlds, but it can also DENY what it creates, because it is free. You do not realize how much you have denied yourself, and how much God, in His love, would not have it so. Yet He would not interfere with you, because He would not know His Son if he were not free. T10.V.9.1-2

### **I. Ego was Made to Fill a Misperceived Non-Existent Lack**

1. Separation from God is the only lack man really needs to correct. His separation would never have occurred if he had not distorted his perception of truth, and thus perceived himself as lacking. T1.VI.2

2. Whenever projection in its inappropriate sense is utilized, it ALWAYS implies that some emptiness (or lack of everything) must exist, and that it is within man's ability to put his own ideas there INSTEAD of truth. It assumes that:

1) what God has created can be changed by the mind of Man.

2) what is perfect can be rendered imperfect.

3) man can create himself, thus the direction of his own creation is up to him.

4) man can distort the Creations of God. T2.I.12

### **II. We Made Ego to Create Ourselves in OUR Image**

1. Ego was a man made attempt to perceive himself as he wished rather than as he is. T26.X.4

2. Knowledge cannot deceive, but perception CAN. Man can perceive himself as self-creating, but he CANNOT do more than BELIEVE it. He CANNOT make it true. T7.I.1

3. The issue of authority is really a question of authorship. When an individual has an "Authority problem" it is ALWAYS because he believes he is the author of himself. T3VII.4

## **What is Ego?**

### **I. Ego is a False Identity**

1. The ego is the belief that you are at the mercy of things beyond you, forces you cannot control, thoughts that come to you against your will. T19.IV.7

2. The ego is the belief of the mind that it is completely on its own. T4.II.8

3. All that ego is, is the idea that it is possible that things should happen to the Son of God without his will. T3.IV.2
4. The ego is capable of suspiciousness at best and viciousness at worst. That is its range. T9.VI.40
5. You were created to walk the earth with your heads held high, your spirits soaring. Instead you crawl along like worms. Sai Baba
6. The problem of guilt is that it stands in the way of your remembering God, Whose pull is so strong that you cannot resist it. If you are to retain guilt, as the ego insists, you cannot be you. Only by persuading you that IT is you, could the ego possibly induce you to PROJECT guilt, and thereby keep it in your mind. You PROJECT guilt to get rid of it, but you actually merely CONCEAL it. T13.II.13

## **II. Ego is an Idea of Separation and Independence**

1. The ego is insane. In fear it stands beyond the Everywhere, apart from All, in separation from the Infinite. In its insanity it thinks it has become a victor over God Himself. And in its terrible autonomy it "sees" the Will of God has been destroyed. It dreams of punishment, and trembles at the figures in its dreams; its enemies, who seek to murder it before it can ensure its safety by attacking them. Wkbk.331
2. Considering oneself as different from others is called ego. Sai Baba
3. The ego is idolatry; the sign of a limited and separated self, born in a body, doomed to suffer and to end its life in death. Wkbk.330
4. You HAVE dreamed of a separated ego, and you HAVE believed in a world which rested upon it. This is very real to you. You cannot undo this by doing nothing and not changing. T3.VII.5
5. The mind can make the belief in Separation VERY real and VERY fearful. And this belief IS the devil. It is powerful, active, destructive, and clearly in opposition to God, because it literally denies His Fatherhood. Never underestimate the power of this denial. Look at your lives and see what the devil has made. But KNOW that this making will surely dissolve in the light of truth, because its foundation IS a lie. T3.VII.5
6. When God created you, He made you part of Him. That is why attack WITHIN the Kingdom is impossible. But YOU made the ego without love, and so it does not love YOU. You would not remain WITHIN the Kingdom without love, and since the Kingdom IS love, you believe you are WITHOUT it. This enables the ego to regard itself as SEPARATE AND OUTSIDE ITS MAKER, thus speaking for the part of your mind that believes YOU are separate and outside the Mind of God. T6.IV.2
7. The separation was not a loss of perfection, but a failure in COMMUNICATION. A harsh and strident form of communication arose as the ego's voice. It could not shatter the peace of God, but it COULD shatter YOURS. God did not blot it out, because to eradicate it would be to attack it. T6IV.12
8. God weeps at the sacrifice of His children who believe they are lost to Him. T7.VI.10

9. The ego SEPARATES through the body. The Holy Spirit reaches THROUGH it to others. You do not interpret your brothers' bodies, AND YOURS solely as a means of JOINING THEIR MINDS and uniting them with yours and mine. This interpretation of the body will change your mind entirely about its value. Of itself it has NONE. T8.VII.2

### **How is Ego Relinquished?**

1. Mind is a gift of God. Mind is responsible for both bondage and liberation. Baba

2. Holding on is difficult. Letting go is easy. Sai Baba

3. To overpower the ego is a well-nigh impossible task. People have conquered the six foes, lust, anger, greed, attachment, hatred and pride. But rare indeed is the hero who has overcome his ego. Gems of Wisdom Vol.X;Page-201

#### **I. Accept that You are Never Independent**

1. You are always choosing with God or ego. There is no other choice. Sai Baba

2. You can NEVER choose EXCEPT between God and the ego. Thought-systems are but true or false, and all their ATTRIBUTES come simply from what they ARE. A major tenet in the ego's insane religion is that sin is NOT error, but TRUTH. And it is INNOCENCE that would deceive. PURITY IS SEEN AS ARROGANCE, and the acceptance of the self AS SINFUL is perceived as holiness. T17.III.9

3. I separated Myself from Myself that I might love Myself. Sai Baba

4. God created Souls so He could depend on them BECAUSE He created them perfectly. God and the Souls He created ARE symbiotically related. They are COMPLETELY dependent on each other. T2.III.5

5. The ego is the belief of the mind that it is completely on its own. T4.II.8

#### **II. Without Guilt, Ego Cannot Exist**

1. The ego is the symbol of separation and also of guilt. Guilt is more than merely not of God. It is the symbol of the ATTACK on God. This is a totally meaningless concept EXCEPT to the ego, but do not underestimate the power of the ego's belief in it. This is the belief from which ALL guilt really stems. Whenever you respond to your ego, you WILL experience guilt, and you WILL fear punishment. The ego is quite literally a fearful thought. T5.V.2

2. When you feel guilty, KNOW that your ego has indeed violated the laws of God, but YOU have not. As long as you feel guilty, your ego is in command, because only the ego CAN experience guilt. This need NOT Be. T4.IV.5

3. The problem of guilt is that it stands in the way of your remembering God, Whose pull is so strong that you cannot resist it. If you are to retain guilt, as the ego insists, you cannot be you. Only by persuading you that IT is you, could the ego possibly induce you to PROJECT guilt, and thereby keep it in your mind. You PROJECT guilt to get rid of it, but you actually merely CONCEAL it. T13.II.13

4. The state of guiltlessness is only the condition in which what is NOT there has been REMOVED from the disordered mind that THOUGHT it WAS. This state, and only this, must YOU attain, with God beside you. For until you do, you will still think that you are separate FROM Him. T14.IV. 7

### **III. Ego Cannot Exist in the Presence of God's Grandeur**

1. With the grandeur of God in you, you have chosen to be little, and lament your littleness. Grandeur is of God, and ONLY of Him. Therefore, it is in you. Whenever you become aware of it, however dimly, you abandon the ego automatically, because in the presence of the grandeur of God, the meaninglessness of the ego becomes perfectly apparent. T9.VII.6

2. The ego is immobilized in the presence of God's grandeur, because HIS grandeur establishes YOUR freedom. Even the faintest hint of your reality literally drives the ego from your mind, because of the complete lack of investment in it. Grandeur is totally WITHOUT illusion, and because it is real, it is compellingly convincing. T9.VIII.4

3. When man made the ego, God placed in him the call of joy. This call is so strong that the ego always dissolves at its sound. That is why you can choose to listen to two voices within you. One you made yourself, and that one is not of God. But the other is given you by God, Who asks you only to listen to it. It is possible even in this world to hear only that voice and no other. T5.II.3

5. Deeper than the ego's foundation, and MUCH stronger than IT will ever be, is your intense and burning love for God, AND HIS FOR YOU. T13.II.2

### **IV. Surrender to God**

1. Banish the ego and develop the spirit of surrender. Sai Baba

2. To surrender means to turn your thoughts away from troubles and difficulties you encounter and from all your problems. Say, "Lord, Thy will be done. Thou think of it." Say, "Lord I thank you for you have taken everything in your hands, and you will resolve this for my highest good." Sai Baba

3. Thinking of the consequences of a thing is contrary to surrender. Worrying that a situation has not had the desired outcome, demonstrates that you do not believe in My love for you. You prove that you do not consider your life to be under My control and that nothing escapes Me. Sai Baba

4. When you tell me with faith: "Thy will be done. You think of it," I accomplish a miracle when necessary. I only think of it when you trust me totally. I always think of you, but I can only help you completely when you rely fully on Me. Sai Baba

5. I will step back and let Him lead the way. WKBK.155

6. The reason why you must ask what God's will is in everything, is merely because it IS yours. Blessed are you who learn that to hear the Will of your Father, is to learn your own. God's will is that His Son be One, and united with Him in His Oneness. That is why healing is the beginning of the recognition that YOUR WILL IS HIS. T11.I. 11

7. Bringing the ego to God is but to bring error to truth, where it stands corrected, because it is the OPPOSITE of what it meets, and is undone because the CONTRADICTION can no longer stand. T14.IX.2

8. The ego cannot OPPOSE the laws of God, anymore than YOU can. But it can INTERPRET them according to what it wants, just as YOU can. That is why the question “what DO you want” must be answered. You ARE answering it every minute and every second, and each moment of decision is a judgment, which is anything BUT ineffectual. Its effects will follow automatically UNTIL THE DECISION IS CHANGED. Any decision can be UNmade as well as made. T5.V.4

9. You believe that doing the opposite of God's Will can be better for you. You also believe that it is possible to DO the opposite of God's Will. Therefore, you believe that an impossible choice is open to you, and one which is both fearful and desirable. Yet God wills. He does not wish. Your will is as powerful as His because it IS His. The ego's wishes do not mean anything, because the ego wishes for the impossible. You can wish for the impossible, but you can will only with God. This is the ego's weakness and your strength. T7.X.4

## V. Look at Ego

1. I have come to make you completely ego free. Sai Baba

2. The spiritual path is easy. Stop making the unreal real and allow the real to be what it is. Sai Baba

3. Follow the master – **face the devil**. Fight to the end – finish the game. Sai Baba

4. When ego comes knocking at your door, invite it in, but don't let it stay for a cup of coffee. Sai Baba

5. You have used the world to COVER YOUR LOVE, and the deeper you go into the blackness of the ego's foundation, the closer you come to the love that is hidden beneath it. AND IT IS THIS THAT FRIGHTENS YOU. You can accept insanity, BECAUSE YOU MADE IT. But you cannot accept love, BECAUSE YOU DID NOT. You would rather be slaves of the crucifixion, than Sons of God in redemption. For your INDIVIDUAL death is more valued than your living Oneness, and what is GIVEN you, is not so dear as what you MADE. You are more afraid of God than of the ego and love cannot enter where it is not welcome. But hatred CAN, for it enters of ITS will, and cares not for YOURS. T13.III.4

6. And now you stand in terror before what you swore never to look upon. Your eyes look down, remembering your promise to your “friends.” The “loveliness” of sin; the delicate appeal of guilt, the “holy” waxen image of death, and the fear of vengeance of the ego you swore in blood not to desert, all rise to bid you NOT to raise your eyes. For you realize that if you look on THIS and LET the veil be lifted, THEY WILL BE GONE FOREVER. All of your “friends,” your “protectors,” and your “home,” will vanish. Look upon it, open-eyed, and you will nevermore believe that you are at the mercy of things beyond you, forces you cannot control, and

thoughts that come to you against your will. It IS your will to look on this.

T19.IV.D.6

7. Reality is simply the loss of Ego. Destroy the Ego by seeking its identity. Because in reality ego has no existence, it will automatically vanish and the Reality will shine forth by itself in all its glory. This is the direct method. All other methods retain the ego. In those paths so many doubts arise, and the eternal question remains to be tackled. But in this method the final question is the only one and is raised from the very beginning. No practices (sadhanas) are even necessary for this quest.

Ramana Maharshi

## **VI. Withdraw Belief from Ego**

1. DO NOT BE AFRAID OF THE EGO. It DOES depend on your mind, and as you made it by believing in it, so you can dispel it by withdrawing belief FROM it.

T7.VIII.5

2. The ego SHOULD be brought to your own judgment and found wanting there. Without your allegiance, protection, and love, it cannot exist.

T4.IV.8

3. If the mind makes illusions it will BELIEVE in them, because THAT IS HOW IT MADE THEM. When you BELIEVE something, you HAVE made it true FOR YOU.

T7.VI.5

4. When you do not SHARE a thought system, you ARE weakening it. Those who BELIEVE in it therefore perceive this as an ATTACK ON THEM. This is because everyone identifies himself WITH his thought system, and EVERY thought system centers on WHAT YOU BELIEVE YOU ARE.

T6.V.B.1

5. Hallucinations disappear when they are RECOGNIZED for what they are. This IS the healing and the remedy. Believe them not, and they ARE gone. And all YOU need to do is recognize YOU DID THIS. Once you ACCEPT this simple fact, and take unto YOURSELF the power you GAVE them, YOU are released from them. One thing is sure; hallucinations serve a purpose, and when that PURPOSE is no longer held, THEY disappear. Therefore, the question never is whether you want THEM, but ALWAYS do you want the purpose that they serve?

T20.VIII.8

6. You cannot escape from the ego by humbling it, or controlling it, or punishing it. The ego and the Soul DO NOT KNOW each other. The separated mind cannot maintain the separation EXCEPT by dissociating. Having done this, it utilizes repression against all truly natural impulses, not because the EGO is a separate thing, but because you want to believe that YOU are.

T4.VI.4

7. There seem to be two kinds of searchers, those who seek to make their ego something other than it is, i.e. holy, happy, unselfish (as though you could make a fish un-fish) and those who understand that all such attempts are just gesticulation and play acting, that there is only one thing that can be done, which is to dis-identify themselves with the ego, by realizing its unreality, and by becoming aware of their eternal identity with pure being.

Wei Wu Wei

8. A saint controls his ego. A sage relinquishes his ego.

Wei Wu Wei

## **VII. Correct Error to Undo Ego**

1. Sin is a misnomer for what are really mistakes. I will efface all your karma's provided you turn over a new leaf and vow not to walk in error from this moment forward. Sai Baba

2. The ego does not perceive sin as a lack of love. It perceives it as a POSITIVE ACT OF ASSAULT. This is an interpretation which is necessary to its survival, because as soon as YOU regard it as a LACK, you will automatically remedy the situation. The ego regards this as doom, but YOU must learn to regard it as freedom. T5.V.4

3. Errors ARE of the ego, and CORRECTION of errors of ANY kind lies solely in the RELINQUISHMENT of the ego. T9.III.2

4. The mind can mis-create only when it is NOT free. An imprisoned mind is not free by definition. It is possessed, or held back, by ITSELF. Its will is therefore limited, and not free to assert itself. In the service of the "Right Mind" the denial of ERROR frees the mind and reestablishes the freedom of the will. When the will is REALLY free, it CANNOT mis-create, because it recognizes ONLY TRUTH. T3.II.4

## **VIII. In Our Unity Lies Our Strength**

1. Our minds can unite in shining ego away, and releasing the strength of God into everything we think and will and do. Do not settle for ANYTHING less than this, and refuse to accept anything BUT this as your goal. T4.IV.8

2. The union of the Sonship is its protection. The ego cannot prevail against the Kingdom, BECAUSE it is united, and the ego fades away and is undone in the presence of the attraction of the parts of the Sonship, which hear the call of the Holy Spirit to be as One. T5.IV.1

3. Our function is to function together, because apart from each other we cannot function at all. The whole power of God's Son lies in all of us, but not in any of us alone. T8VI.8

4. We begin the journey back by setting out TOGETHER, and gather in all our brothers as we CONTINUE together. T8.VI.1

5. Alone we can do nothing, but TOGETHER our wills fuse into something whose power is far beyond the power of its separate parts. T8.VI.8

6. Everyone will answer the call of the Holy Spirit, or the Sonship cannot be as one. What better vocation could there be for any part of the Kingdom than to restore it to the perfect integration that can make it whole? T5.II.10

7. For individuals who have liberated themselves from the narrowness of individuality, their only task is the upliftment of humanity and the showering of Love. Sathya Sai Speaks, VI:134

8. I have come to light the lamp of love in your hearts, to see that it shines day by day with added luster. I have come to tell you of this universal, unitary faith, this spiritual principle, this path of love, this duty of love, this obligation to love. Sai Baba

*Love All~ Serve All. Help Ever ~ Hurt Never.*